

# STREET TALK

## DEFENSIVE DRIVING PROGRAMME

*Triple "A" Driver Trainers have a strong and continuing commitment to encourage active involvement in efforts to improve road safety.*

*Completion of this course is recognized by Land Transport NZ as approval qualification, allowing the holder of a restricted license to apply for a full license in a shortened time. The Courts also accept this course as meeting the requirement for anyone ordered under the provisions Section 68 of the Transport Act 1962 to attend an advanced driving skills course. It is also a requirement for police recruits.*

### WHAT IS DEFENSIVE DRIVING?

Defensive driving is using knowledge, molding attitude and skill to save time, money and lives in spite of the actions of others and the conditions around you. During the seminar, drivers are made aware of the stressors in their lives, the multiplicity of tasks they have to manage and how these gang up and overload the driver. Safe driving requires efficient management of time and space which can be achieved by effective use of advanced driving techniques.

Drivers must constantly process information to make accurate decisions by identifying conditions, predicting potential conflicts, deciding to adjust for hazards and performing the necessary maneuvers. A range of tools are included to up skill participants, helping them to change from a passive driver to an active risk manager.

### HOW DOES THE COURSE WORK?

By using work-book exercises, video tapes and interactive groups to teach safe driving techniques. The course facilitator helps with this and checks your progress to ensure all objectives are achieved. The course takes 8 hours, being 4 two hour sessions over 2 weeks. Course participants are required to attend all 4 sessions in sequence and complete a one on one in car session with a driving instructor to obtain their certificate.

### WHO CAN ATTEND?

It's open to everyone, all ages. As the course is designed to improve skills, most students hold either a restricted or full license, but learner license holders may attend if referred by the Courts or when parents request this. Although the course is designed primarily for car drivers, motorcyclists will also find it of great value. If you are under 25 years old and are using the certificate that you receive on completion of the Course for a time reduction of your restricted licence, **you must have held your licence for at least six months before the commencement of this course.**

*"Driving defensively is no accident"*

*For more information, up coming course dates or to make a booking please phone us on 04 478 9876 or 021 478 103 –or you can also [book online](#) via our website*



**Triple A Driving School**